

Taking your first step

Congratulations on your engagement! As you are taking your first step on the path of love, St. Paul Marriage Preparation Program is here to assist you on your journey.

“Love is indeed ‘ecstasy,’ not in the sense of a moment of intoxication, but rather as a journey, and ongoing exodus out of the closed inward-looking self towards its liberation through self-giving, and thus towards authentic self-discovery and indeed the discovery of God” (Benedict XVI Deus Caritas Est 6).



St. Paul Catholic Church
8720 Florin Road
Sacramento, CA 95828

To:

POSTAGE



*St Paul Catholic
Church*

2012 MARRIAGE PREPARATION PROGRAM

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Marriage Preparation



The preparation program used in our parish is called UNITAS. It has been implemented in many different locations throughout the country as well as in our own parish and has been a great success. This program provides the couples with:

- Information – to help you succeed in your marriage
- Faith Formation – an essential ingredient for your journey toward sacramental marriage
- Supporting Group – to build connections and grow with your parish

UNITAS: preparing for Sacramental Marriage

Couples are provided with an excellent workbook and informational materials that are used during the program. They can be used as a reference later in marriage to reinforce lessons learned during the class.

The following is a brief summary of topics that are covered during the seven evenings:

- The Marriage Covenant
- Temperament Type -couples take the Keirsey Temperament Sorter to discover each of their individual temperament types and how they differ from each other
- Family of Origin and how the behaviors learned as a child from our family of origin affect us throughout our lives
- Values and Conscience
- Addictive and Compulsive Behaviors and their effect on the family
- Communication Skills
- Negotiation and Conflict Resolution
- Intimacy, Sexuality and Natural Family Planning
- Balancing Our Lives Together – how to handle the everyday tasks in marriage
- Spirituality in Marriage – how to live sacramental marriage relationship

Registration

The registration form is available at the Rectory Office, or it can be downloaded from our website.

www.stpaul-florin.org

Registration needs to be completed by Jan 15, 2012.

Fees (include one workbook per couple)

- Registered parishioner: \$50 per couple
- Non- parishioner: \$80 per couple

Class Schedule

For 2012 UNITAS Program, the class sessions are scheduled as follow:

- Jan 30, 2012
- Feb 6, 2012
- Feb 13, 2012
- Feb 27, 2012
- Mar 5, 2012
- Mar 12, 2012
- Mar 26, 2012

Class will be held at St. Paul Church from 7pm to 9:30pm.

Please note that participants are required to attend all sessions in order to receive the Certificate of Completion.